



# Coaching Rota 2019

					Sun	22	Laurent
January	Sun	6	Club Frostbite Match	July	Sun	7	Club Shoot
	Sun*	13	No Coaching		Sun*	14	James
	Sun	20	No Coaching		Sun	21	Michael
	Sat	26	Beginner Course		Sun	28	Derek
	Sun	27	No Coaching				
February	Sat	2	Beginner Course	August	Sun	4	Club Shoot
	Sun	3	James		Sun*	11	Paul
	Sun*	10	Michael		Sun	18	Michael
	Sun	17	Laurent		Sun	25	Laurent
	Sun	24	Derek				
March	Sun	3	Club Frostbite Match	September	Sun	1	Club Shoot
	Sun*	10	Course Follow Up		Sun*	8	James
	Sun	17	Paul		Sat	14	Beginner Course
	Sun	24	No Coaching		Sun	15	No Coaching
	Sat	30	Beginner Course		Sat	21	Beginner Course
	Sun	31	No Coaching		Sun	22	James
					Sun	29	Derek
April	Sat	6	Beginner Course	October	Sun	6	Club Shoot
	Sun	7	James		Sun*	13	Laurent
	Sun*	14	Michael		Sun	20	Club AGM
	Sun	21	No Coaching		Sun	27	Course Follow Up
	Sun	28	Derek				
May	Sun	5	Club Shoot	November	Sun	3	Club Frostbite Match
	Sun*	12	Laurent		Sun*	10	Paul
	Sun	19	Course Follow Up		Sun	17	No coaching
	Sun	26	Paul		Sun	24	No coaching
June	Sun	2	Club Shoot	December	Sun	1	Club Frostbite Match
	Sun*	9	No Coaching		Sun*	8	No coaching
	Sun	16	No Coaching		Sun	15	No coaching
	Sat	22	Beginner Course		Sun	22	No Coaching
	Sun	23	No Coaching		Sun	29	No Coaching
	Sat	29	Beginner Course				
	Sun	30	Laurent				

\* Denotes Junior Squad days run by Derek in addition.

Updated: 22 December 2018